



Self-Advocacy is exactly as it sounds:
it is a Declaration of Independence
for people with different abilities.
We can sum up our mission in a
single and simple statement:

I KNOW WHAT
IS BEST FOR
ME.



YOU ARE A SELF-ADVOCATE IF...

You have ever spoken up for what you believe in, especially if it is to someone who thinks they know what is best for you or someone who wants to have control over your life.

You have taken responsibility for your life in some way.

You have ever questioned people's expectations of you.

You have ever joined a Self-Advocacy group and believe that the group's work is going to make life better for people with different abilities.

Become a Self-Advocate today.
Contact us for information.
716-631-5777 ext 318



Autism Services, Inc.

40 Hazelwood Drive

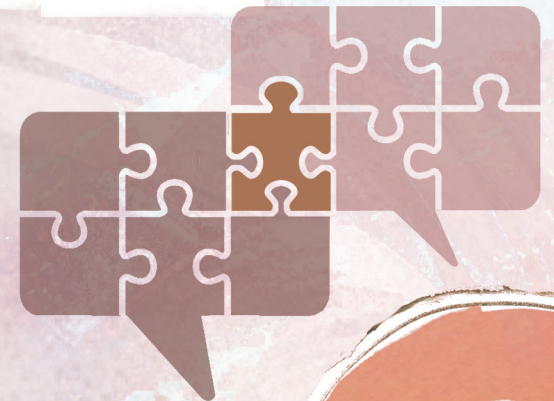
Amherst, NY 14228

716-631-5777

Toll Free 1-800-Autism 4

AUTISM SERVICES, INC.

SELF-ADVOCACY



Artwork by Dan C.

I HAVE THE RIGHT TO WATCH THE LONGEST-RUNNING GAME SHOW IN THE HISTORY OF TELEVISION CALLED THE PRICE IS RIGHT WHERE RICH FIELDS SAYS GET ON DOWN WHEN I DO NOT HAVE PROGRAM ON MOST HOLIDAYS AND ON MOST DAYS OFF. -NEIL SANDERS

I can become

A graphic featuring several interlocking puzzle pieces arranged to form the words "I can be me". The pieces are in shades of brown and tan, set against a dark, textured background. The letters are white and stylized, with some pieces missing or slightly offset to create a sense of being in the process of being assembled.



WHAT WE DO:

The Self-Advocacy Meetings are held monthly at group homes and at ASI's Hertel location. A staff facilitator is always present to help participants conduct the meetings. Meetings last about one hour. Agendas include:

- Discussing rights & issues
- Discussing upcoming events
- Organizing fundraising events.
- Planning social gatherings.
- Enjoying snacks and socializing.

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A photograph of a man with glasses and a green sweater standing next to a woman sitting in a chair. A large, colorful, abstract face is superimposed on the right side of the image.